

Get Fit In 2019 The Only Way To Finish is to Start!

Memberships will give members access to the following Collier County Fitness Centers

Eagle Lakes Community Park 11565 Tamiami Trail E. ● 239-252-3527 North Collier

Golden Gate Community Park Fitness Complex & Aquatic Complex 3300 Santa Barbara Blvd. • 239-252-6128

Immokalee Sports Complex & Aquatic Complex 506 Escambia St. • 239-252-8811

North Collier Regional Park Rec Plex 15000 Livingston Rd. • 239-252-4066

Max Hasse Community Park 3390 Golden Gate Blvd. W. • 239-252-4200

Membership Fees

Daily Walk In \$7

Monthly \$25

<u>Annual</u>

Annual Membership \$190

Spouse / Additional Family Member \$100

Corporate Memberships available

FITNESS

EAGLE LAKES COMMUNITY PARK

11565 Tamiami Trail E. Phone (239)252-3527

Facility Schedule:

Monday-Friday	6:00am-9:00pm
Saturday	8:00am-2:00pm
Sunday	Closed

Facility Amenities:

Recumbent bikes, treadmills, elliptical machines, Nu-step cardiovascular, Cybex resistance machines, Magnum workout machines and free weights.

Personal Training:

\$30/hour or	1 sassions	\$100

GOLDEN GATE AQUATIC & FITNESS COMPLEX

3300 Santa Barbara Blvd. (239) 252-6128

Facility Schedule:

Monday-Friday	6:00am-9:00pm
Saturday	7:00am-5:00pm
Sunday	9:00am-3:00pm

Facility Amenities:

Recumbent bikes, treadmills, elliptical machines, Nu-step cardiovascular, Cybex resistance machines, Magnum workout machines and free weights.

Personal Training:

\$30.00/hour or 4 sessions\$100.00

IMMOKALEE SPORTS COMPLEX

505 Escambia St., Immokalee (239) 252-8811

Facility Schedule:

Monday-Friday......6:00am-9:00pm Saturday.....7:00am-5:00pm Sunday.....9:00am-3:00pm

Facility Amenities:

New Precor ellipticals, Cybex treadmills, LifeFitness Recumbent bikes and a line of Magnum selectorized resistance machines complement existing free weights. The Immokalee Sports Complex features a 25 meter by 25 yard pool, which is included with fitness complex memberships.

MAX HASSE COMMUNITY PARK FITNESS CENTER

3390 Golden Gate Blvd. W (239) 252-4200

Facility Schedule:

Monday-Friday......6:00am-9:00pm Saturdays....8:00am-2:00pm Sundays.....Closed

Facility Amenities:

Life Fitness treadmills and recumbent bikes, Precor and Matrix ellipticals, Cybex, Hoist and Life Fitness resistance machines, Stairmaster Stepmill, NuStep cross trainer, Precor adaptive motion trainer and free weights.

NORTH COLLIER REGIONAL PARK REC-PLEX

15000 Livingston Rd. (239) 252-4066

Fitness Facility Schedule:

Monday-Friday......5:00am-9:00pm Saturdays7:00am-5:00pm Sundays9:00am-3:00pm

Fitness Facility Amenities:

Recumbent bikes, treadmills, Precor and Life Fitness elliptical machines, Nu-step cardiovascular, Stairmaster Climbers, Stepmills, Concept II Rowers, Cybex resistance machines (special needs accessible), Life Fitness and Hammer Strength training equipment and free weights.

Personal Training:

\$30.00/hour or 4 sessions\$100.00

Gymnasium Schedule:

Open when the fitness facility is open. However, due to youth sports programs, fitness classes, and special events please call ahead to check for availability.

Gymnasium Annual Fees:

Student (Ages 13-17)\$10.00
Adult (Ages 18 and older)\$25.00
Gymnasium rental is available for events.
Call for fees.





