

Naples, Immokalee and Marco Island Rated No. 1 for Well-Being

Residents of Naples, Immokalee and Marco Island have the highest well-being across 190 communities surveyed by Gallup and Healthways in 2014 and 2015, according to a survey released by Gallup on Tuesday, Feb. 23, 2016.

The Gallup-Healthways Index is calculated on a scale of 0 to 100, where 100 represents the highest well-being. The scores are composed of metrics within each of the five essential elements of well-being:

- **Purpose:** Liking what you do each day and being motivated to achieve your goals
- **Social:** Having supportive relationships and love in your life
- **Financial:** Managing your economic life to reduce stress and increase security
- **Community:** Liking where you live, feeling safe and having pride in your community
- **Physical:** Having good health and enough energy to get things done daily

The Collier County cities' score was a 65 to make it No. 1, an improvement from the No. 7 position in 2012-2013. Naples, Immokalee and Marco Island scored highest of any community in the "community" element to well-being.

The other communities in the top five were Salinas, Calif., North Port, Bradenton and Sarasota, Fort Collins, Colo., and Barnstable, Mass.

The survey indicates that communities with high well-being "tend to have residents who learn and do interesting things daily, have safe places to exercise, have high energy levels and believe their water is safe to drink."

For more information, visit the Gallup survey [here](#).