



Collier County Government

DIVISION OF PUBLIC SERVICES ADMINISTRATION

Media Contact: Camden Smith - Public Information Coordinator - O. (239) 530-5326 - C. (239) 438-8088

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RecPlex Launches Membership Drive

Calling all people looking for a fun atmosphere, top of the line equipment and plenty of space to get in shape while looking out over a beautiful water park!

RecPlex is Collier County Parks & Recreation's brand new fitness center with comprehensive programs for everyone. Currently, fitness experts at RecPlex are offering Pilates and Tone and Sculpt classes. There is also an enclosed double gymnasium for basketball and volleyball. RecPlex is currently registering youth for the RecPlex Summer Basketball League.

<u>Collier County is proud to offer a total workout plan for people with special needs</u>. The RecPlex Fitness Center boasts Cybex equipment that is convertible for both able bodied and special needs individuals. Come to RecPlex and discover the freedom of working out.

"This fitness center has the best fitness equipment available on the market and we have special needs equipment nobody else has," Parks & Recreation Regional 2 Manager Shari Ferguson, said. "It's very exciting and already people are excited about this fantastic facility."

The fitness center offers equipment from the following high-end manufacturers: Life Fitness, Hammer Strength, Cybex and Precor. In addition to strength training equipment the gym offers: 6 Precor Elliptical machines, 2 stair mills, 2 stair masters, 2 Nu Steps, 2 rowers, 10 recumbent bikes, 13 Life Fitness treadmills, 2 Life Fitness cross trainers (skiing), free weights and a pressing area.

Annual Membership Fees: Non-student adult costs \$300/year and additional adult family members cost \$165/year; Students, ages 13-18, cost \$120/year and College Students, ages 19-25, cost \$140/year

Other Memberships Available: 3 month memberships cost \$100, 1 month memberships cost \$35 and the Walk-In fee is \$7 for one visit.

Personal trainers are available at your request. Join RecPlex today! Call (239) 254-4066.

~ Play, Connect & Discover with Collier County Parks & Recreation ~