

HEAD – HEART – HEALTH – HANDS



THE COLLIER COUNTY 4-H CLUB FOUNDATION, INC.



&

THE FRESH MARKET

CORDIALLY INVITE YOU TO A FINE

WINE GALA

Enjoy prime rib, shrimp cocktail, and other delightful hors d'oeuvres as well as Distinctive cheeses and up to a 15% discount on wine purchases at this exclusive wine tasting event!

TUESDAY, OCTOBER 13, 2009

7:30 P.M. – 9:30 P.M.

AT

THE FRESH MARKET  
4129 Tamiami Trail North  
Naples, FL

TICKETS PER PERSON

\$25 IN ADVANCE

\$30 AT THE DOOR

Ticket Sales to Benefit

The Collier County 4-H Club Foundation, Inc.

as it provides funding for the activities for over 8,000 4-H students in the county so they may learn leadership skills, budgeting, self-confidence and life-time skills for their future.

TO PURCHASE TICKETS CONTACT:

DANEILLE D. STEWART, VICE PRESIDENT  
239-370-6449



Jim Mudd

# A Chat with your County Manager

By Jim Mudd

This month I would like to ask you if you have seen your new utility bill? Your printed utility bill has a new look with more information and a user-friendly layout. The back of the bill has even more useful information and tips to help you understand the cost of your water/sewer service and how changes in your water usage affect the amount you pay. We value your feedback. Once you receive your new bill, tell us what you think. E-mail your comments to PublicUtilities@colliergov.net.

Even during rainy season, it remains critical for all of us to conserve our precious natural resources. Did you know the average Floridian uses 175 gallons of water each day, about 65 gallons more per day than the average American? Here are some easy ways to work water conservation into your daily routine.

**For indoor water conservation:**

- Install a low-flow toilet or tank water saving device and save as much as five gallons of water a day.
- Install a low-flow showerhead and save as much as 86 gallons of water a day.
- Install a sink aerator and save as much as eight gallons of water a day.
- Turn off the faucet while you brush your teeth and save four to 10 gallons of water a day.
- Fix your leaky faucet and save as much as seven gallons of water a day.
- Only run your washing machine and dishwasher when they are full. You can save as much as 15 gallons per load for the dishwasher and 55 gallons per load for the washing machine.

- Store drinking water in the refrigerator rather than letting the tap run every time you want a cool glass of water.
- Do not use running water to thaw meat or other frozen foods. Defrost food overnight in the refrigerator or by using the defrost setting on your microwave.

**For outdoor water conservation:**

- Don't over-

water your lawn. A heavy rain can eliminate the need for supplemental irrigation. Most of the year, lawns only need one inch of water per week. Under the current water restrictions, lawn irrigation for all property sizes is allowed two days a week on the following schedule: Odd-numbered street addresses may water lawns and landscapes on Wednesdays and Saturdays from 12 a.m. to 10 a.m. and/or from 4 p.m. to 11:59 p.m. Even-numbered street addresses may water lawns and landscapes on Thursdays and Sundays from 12 a.m. to 10 a.m. and/or from 4 p.m. to 11:59 p.m. Just remember: No watering between 10 a.m. and 4 p.m.!

- Protect natural landscape moisture by cutting your grass at the highest setting (up to 3 inches) on your mower. Taller grass protects the root system by helping to shade it.
- Rake or sweep driveways and sidewalks instead of hosing them off.
- Install irrigation devices that are the most water efficient for each use. Micro and drip irrigation and soaker hoses are examples of efficient devices.
- Check sprinkler systems and timing devices regularly to be sure they operate properly. Florida law requires that "...anyone who purchases and installs an automatic lawn sprinkler system MUST install a rain sensor device or switch which will override the irrigation cycle when adequate rainfall has occurred."

For more information on how you can reduce your water use, visit our web site at [www.colliergov.net/water](http://www.colliergov.net/water)

Until next month, be safe, enjoy the rest of your summer and please remember to conserve water – one of our most valuable resources – whenever you have the chance.

**CONSUMPTION –** Usage is billed in increments of one thousand gallons. Usage of "2" means 2,000 gallons.

**ACCOUNT SUMMARY –** This is an at-a-glance summary of a monthly billing statement.

**METER SIZE –** Water rates consist of two separate charges, service availability and consumption (usage). Meter size determines your rate for both charges. Refer to the Water Block Rate Structure on the back of the bill for more information.

**CURRENT CHARGES –** This section provides the detail for all the services billed on this statement.

**USAGE HISTORY –** Each bill shows a rolling 13-month usage history (the current month plus the 12 previous months) to help you identify usage patterns.

**IMPORTANT MESSAGES –** Special messages concerning your water service or other items of interest appear here.

**PAYMENT STUB –** Separate at the perforation and return with your payment. If your account is set-up as an automated bank draft, that information will appear here.

Tell the county what you think of your new utility bill.



Nancy Diller-Shively, RN  
President and CEO

## Nurse's Notes

**Q: If my parents need help at home, how do we select a home health care agency?**

**A:** Begin asking friends, neighbors, your doctor and other health care professionals who they recommend. This provides a starting point and insight. Then call several agencies (look in the Yellow Pages under "Nurses" and / or "Home Health Care") to learn what each suggests about your particular situation.

Being prepared with some helpful questions to ask can steer you in the right direction. Some suggestions to get you started are:

- Does the agency seem genuinely interested and helpful about my situation?
- Does the agency explain how Medicare and insurance may help?
- Does the agency have a service guarantee?
- Does the agency offer to meet with my family and me, at no cost, before we make a decision so that we can "interview" the agency?

Share your notes with your family and arrange a meeting with the agencies who you ranked highest. For a more detailed and convenient check list of questions, please call to request a free copy of "Ten Questions to Ask When Choosing a Home Health Care Provider."

239-262-5002 or 1-877-272-5002



[www.BridgeportHomeHealth.com](http://www.BridgeportHomeHealth.com)