



Invest In Your Health Time NOT Money

WHO NEEDS TO QUALIFY FOR PLAN YEAR 2026?

- Covered Spouses
- Spouses new to the plan
- Employees wanting to upgrade

October 1st is the beginning of the new qualifying period for the 2026 plan year. Those needing to qualify this year are spouses enrolled in our health insurance.

The qualifying period for plan year 2026 starts on October 1st, 2024 and ends September 30th, 2025.

Employees who did not earn the Premium Cost Share for 2025, but would like to upgrade for plan year 2026, are eligible to do so beginning 11/1/2024 and **MUST** contact the Health Advocate office at 239-252-5588 prior to 3/15/2025.

Employees who earned Premium for year 2025 do NOT need to complete qualifiers.

Please see pages two and three in this brochure for specific details concerning the qualifiers.

Don't forget your 3, 6, 9 Deadlines!

March 31, 2025 -

Lab Draw through our program

June 30, 2025 -

Advocate or Wellness meeting

September 30, 2025 -

Any other identified requirements

Turn to pages 2 and 3 for more information!

YOUR BENEFITS TEAM

The Benefits Office is located on the main campus in the Risk Management Building. Our address is 3311 Tamiami Trail E, Naples, Florida 34112. Our phone number is (239) 252-5214.

Your Benefits team includes Sonja Sweet, the Group Insurance Manager; Lisa Olivier, the Benefits Analyst and Thais Casasola, Operations Support Specialist. We are here to assist you with any insurance related questions such as Health, Rx, Dental, Vision, Short and Long Term Disability, and Life Insurance, as well as Flex and Health Reimbursement Account questions.

Your Allegiance representative, Dan Ross, is located in the Benefits Office. Call him at 1-855-333-1004 Opt 7 ext 3702. Dan works closely with the Benefits Team to help review and resolve any claims issues. Walk in! No appointment necessary!



Attention Covered Employees:

Primary Care Services are available at both of the MedCenters at no cost for covered employees, spouses, and children 16 years of age and older who are enrolled in our Health Plan. For regular full time BCC employees, management has approved one hour to be used for appointments without incurring sick leave.

Vaccines: Our MedCenters offer the SHINGRIX and PNEUMOCOCCAL vaccines to covered members 50 years of age and older.

TeleMedicine:

Millennium Physicians Group is offering Telemedicine visits. "MPG Connect" is an easy way to stay connected with your provider! This service is at no cost when you use our MedCenters.

Main Campus- MedCenter

PH# 239-252-4257

Mon - Fri, 7am - 4pm
Risk Management, Bld D

North MedCenter

PH# 239-315-7111

Mon - Fri, 8am-5pm
1735 SW Health Parkway
Suite 201
Naples, FL. 34109

See any MedCenter location for more details!



Collier County

HOW TO COMPLETE QUALIFIERS FOR 2026 HEALTH PLAN-YEAR

BASIC Cost Share

All current employees, new hires, and new spouses who are enrolled in the Group Health Plan are eligible for medical coverage. For those who are more wellness conscious, you can earn lower co-pays, deductibles, and out-of-pocket expenses by completing qualifiers for Select or Premium Cost Share options.

Remember: The qualifiers do have strict deadlines that must be met in order to earn the lower cost share options.

How do I qualify for the **SELECT Cost Share?**

Step 1

Complete the lab draw and biometric screening appointment with Midland Health between the dates of [11/1/2024](#) and [3/31/2025 deadline](#).

Midland Health, a contracted outside lab company, is scheduled to do lab draws at various County sites.

Appointments for these sites should be scheduled at: www.chpha.com which can link you to Midland Health.

*Click first **blue box** on this website.

You have the option to schedule your lab draw appointment locally at:

"Colonial Square Office Park"
1032 Goodlette-Frank Rd Naples, FL. 34102

Lab techs will provide these services:

- Blood draw for a complete screening
- Height, weight, and waist circumference
- Blood pressure

Step 2

Complete an initial Health Advocate appointment with a contracted on-site Health Advocate or Wellness Dietitian (referral needed) by the [6/30/2025 deadline](#).

Health Advocates are contracted health professionals through Community Health Partners. Their private office location is on the main campus, Risk Management, Bldg. D.

Scheduling Advocate Meetings:

Schedule at least 30 days after lab draw.

Go to www.chpha.com

*Click second **blue box** on this site to schedule.

At your meeting you will discuss:

- Lab and biometric results and related health risk factors that may indicate a need for Wellness education.
- Goal setting and follow-up care.
- Additional requirements for the Premium Cost Share.

After completing steps one and two, the qualifying requirements have been met and enrollment in the Select Cost Share will be effective January 1, 2026.

NOTE: Pertains to Select and Premium Cost Shares

Symbol Explanations: >Greater than or ≥ Equal To <Less Than or ≤Equal To

If your A1C is $\geq 6.5\%$ and/or a Fasting Blood Glucose of ≥ 126 mg/dL and you have never been diagnosed with Type 2 Diabetes, you will be directed to the MedCenter for a repeat test. Your appointment must be within 7 days. Three Wellness education classes and other Wellness qualifier interventions will be necessary for this level of blood glucose, unless determined otherwise by the MedCenter practitioner.

For members who have previously been diagnosed with Type 1 or Type 2 Diabetes, schedule a meeting with a Wellness Dietitian on GoSignMeUp or call the Wellness Dietitians at 239-252-6092.

According to the American Association of Clinical Endocrinologists, Type 2 Diabetes is defined as an A1C $\geq 6.5\%$ and/or FBG ≥ 126 mg/dL. All lab confirmations will follow the "Meets Clinical Criteria" Qualifier track. Impaired Glucose Tolerance is defined as an A1C of 5.7%-6.4% Glucose Tolerance.

Don't Delay!!!

Physical exam and Mammo's can be completed between October 1, 2023 to September 30, 2025 for those wanting PREMIUM.

On-Site Lab Draw events with Midland Health will be held November 2, 2024 through March 31, 2025. Schedule your lab draw on www.chpha.com website.

Make sure to schedule an Advocate meeting at least 4 weeks after your lab draw on that same website!

How do I qualify for the **PREMIUM** Cost Share?

Step 1 Lab Draw

Complete the lab draw and biometric screening appointment with Midland Health between the dates of : [11/1/2024](#) and [3/31/2025 deadline](#).


Midland Health, a contracted outside lab company, is scheduled to do lab draws at various County sites.

Appointments for these sites should be scheduled at www.chpha.com which will link you to Midland Health. **Click first blue box on this site**

You have the option to schedule your lab draw appointment locally at:

“Colonial Square Office Park”
1032 Goodlette-Frank Rd Naples, FL 34102

Lab techs will provide these services:

- Blood draw for a complete screening
 - Height, weight, and waist circumference
 - Blood pressure
- 


Step 2 Advocate/Wellness Meeting

Complete an initial Health Advocate appointment with a contracted on-site Health Advocate or Wellness Dietitian (referral needed) by the [6/30/2025 deadline](#).

Health Advocates are contracted health professionals through Community Health Partners. Their private office location is on the main campus, Risk Management, Bldg. D.

Schedule your Advocate/Wellness meeting at least 30 days after your lab draw. Go to www.chpha.com and **click on the second blue box on this site to schedule**.

At your meeting you will discuss:

- Lab and biometric results and related health risk factors that may indicate a need for Wellness education.
 - Goal setting and follow-up care.
 - Additional requirements for the Premium Cost Share.
- 

Step 3 Age/Gender Based Screenings, [9/30/2025 deadline](#).

- Physicals are required for both genders every qualifying period
- Women 40 and over need a mammogram every qualifying period
- Men and Women 50 and older need a colonoscopy every 10 years

REMEMBER TO:


- Schedule an appointment with The MedCenter or your In-Network Primary Care Physician
- Provide a copy of your labs to your physician for review
- Complete all screenings indicated on your worksheet (*provided by the health advocate*)

Email your age and gender based screenings and verification to:

[InvestInYourHealth@
Chealthpartners.com](mailto:InvestInYourHealth@Chealthpartners.com)

NOTE:

Participants who have **NO** risk factors, test negative for nicotine use, AND have completed steps 1-3 will be enrolled in the Premium Cost Share effective Jan 1, 2026.



Step 4 Nicotine Cessation

If you use tobacco products (includes dip or chew) and/or nicotine replacement products (gums, patches etc. or e-cigarettes), **you must** complete the nicotine cessation program *“Commit to Quit”* by [9/30/2025](#).

Follow these steps for Program enrollment:
Register for Program by 7/31/2025

Step 1: Initial appointment at The MedCenter Main Campus, Ph# 252-4257 or MedCenter North, Ph# 315-7111

Step 2: Attend 6 weekly, 1 hour classes (Complete Series). Register on: <http://CollierGov.GoSignMeUp.com>

Step 3: Repeat nicotine lab draw upon program completion between 7/15/2025 and 09/30/2025

(You will be required to re-start the program if you miss a class in the series!)




Step 5 Wellness Education for Health Risk Factors by [9/30/2024 deadline](#).

Wellness Education Qualifiers are met by attending group education and/or individual counseling sessions with a licensed Wellness Dietitian. Scheduling Wellness meetings: Wellness meetings are scheduled on the GoSignMeUp system under Individual Appointment- Diabetes or 4-5 Risk Factors.

Health risk factors that may indicate a need for group education and/or individual counseling with a Wellness Dietitian are:

- Blood pressure $\geq 130/90$
- Waist circumference; men >40 ” and women > 35 ”
- Hemoglobin A1C ≥ 5.7 *
- LDL cholesterol ≥ 130 mg/dL
- Triglycerides ≥ 150 mg/dL

* All participants with existing diabetes or lab work that meets clinical criteria for a diabetes diagnosis will require individual counseling with a Wellness Dietitian. Those with an A1C $> 7.0\%$, newly diagnosed, or meets clinical criteria for diabetes will require one or more Wellness classes. * *Those with impaired Glucose Tolerance (defined as an A1C of 5.7% - 6.4%) MUST complete one Wellness Education class.*



Step 6 Those with 4-5 Risk Factors and/or Type 1 or 2 Diabetes are required to have a follow-up A1C and/or lipid panel between July 14th and September 30th, 2025 through the Med Center by appointment. The deadline is [9/30/2025](#).

The MedCenter Main Campus phone number is (239) 252-4257 and the Med Center North phone number is (239) 315-7111

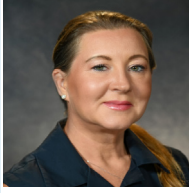
YOUR WELLNESS TEAM



Christiane Rice
MS, RDN, CDCES
WELLNESS PROGRAM MANAGER
PH# 239-252-6092
EMAIL: Christiane.Rice@CollierCountyFL.Gov



Ivonne Barkman
MHM, RDN, RN, CPT
WELLNESS DIETITIAN
PH# 239-252-8718
EMAIL: Ivonne.Barkman@CollierCountyFL.Gov



Dawn Gray
RDN, MPH
WELLNESS DIETITIAN
PH# 239-252-8915
EMAIL: Dawn.Gray@CollierCountyFL.Gov



Zach Izbicki
CPT
Fitness Program Leader
PH# 239-252-6096
EMAIL: Zachary.Izbicki@CollierCountyFL.Gov

Your Wellness Team offers:

- Diabetes Education
- Free Nutrition Counseling
- Personal Fitness Training Plans
- % Body Fat Analysis
- Resting Metabolic Testing
- Weight Management Programs
- Healthy Bucks classes
- Qualifying Wellness Education



To access and register for all Wellness Education programs, go to:

www.CollierCountyFL.gov/Wellness

We are located at Risk Management
3311 Tamiami Trail E Bldg D
Naples, FL 34112



HEALTH ADVOCATES

Camren Blackburn, RN
Team Lead, Health Advocate
Phone #: 239-252-5584

Shireena Holland, RHIT
Data Analytics
Phone #: 239-252-5588

Alejandra Garcia, RN, BSN
Health Advocate
Phone #: 239-252-5590

Your Health Advocate team will:

- Guide you through all steps to qualify for the cost shares
- Provide computer support
- Schedule follow-ups
- Assist with provider referrals
- Assist with Spanish translations
- Goal setting

Provide referrals to:

- Wellness Dietitian
- Case Management
- Disease Management
- Diabetes Program
- Tobacco Cessation Program

Email: www.InvestInYourHealth@Chealthpartners.com

Location: 3311 Tamiami Trail E Naples, FL 34112

EMOTIONAL WELLNESS PROGRAM

Our Emotional Wellness Program offers services to employees and their dependents of all ages who are in need of support with emotional and behavioral issues such as:

- Depressed mood
- Relational issues
- Loss and other common stressors
- Anxiety
- Grief
- Parenting classes
- Play therapy
- Age-appropriate/age-specific services
- Anti-bullying
- Child anxiety management
- Trauma therapy/Services for PTSD

Adult and Children/Adolescent Services:

Jaime Crossan-DeBres, MSW, LCSW-S
Anabel Sathan, MSW, LCSW
Sandi Hack, MSW, RCSWI
Berta Garcia, MSW, LCSW

For appointments, contact **Josie Means** at
[239-659-7751](tel:239-659-7751) Or email her at:
ew@chealthpartners.com

Complete and upload forms:
www.chealthpartners.com/emotional-wellness