

# Midland Health

## Biometric Lab Events

**NEW HIRE EMPLOYEES as of January 1, 2024**

**Complete your lab draw to be in the Premium Plan in 2025!**

EMPLOYEES HIRED PRIOR TO JANUARY 1, 2024 ARE NO LONGER ELIGIBLE FOR LAB EVENTS

Schedule your lab draw appointment on [www.chpha.com](http://www.chpha.com)

Remember to FAST for 8-10 hours prior to the blood draw.

Take your medications and drink plenty of water to stay hydrated. Call the Health Advocates if you need assistance with scheduling, 239-252-5588.

**QUALIFYING DEADLINE IS SEPTEMBER 30th, 2024.**

|          |          |             |                                 |
|----------|----------|-------------|---------------------------------|
| Saturday | Aug 17th | 7:30-9:00am | 1032 Goodlette-Frank Rd, Naples |
| Saturday | Aug 24th | 7:30-9:00am | 1032 Goodlette-Frank Rd, Naples |
| Friday   | Sep 6th  | 7:30-9:00am | 1032 Goodlette-Frank Rd, Naples |
| Saturday | Sep 7th  | 7:30-9:00am | 1032 Goodlette-Frank Rd, Naples |
| Friday   | Sep 13th | 7:30-9:00am | 1032 Goodlette-Frank Rd, Naples |
| Saturday | Sep 14th | 7:30-9:00am | 1032 Goodlette-Frank Rd, Naples |

