## **AUGUST 2024 - Wellness Clinics**

FOR REPEAT Blood Pressure & Waist Measurement

You do NOT need to sign up for a specific Wellness



Off the Cuff - Blood Pressure Program - \$50HB Re-Shape Your Frame - Body Composition - \$50HB Holiday Waist Challenge—MEASURE-IN- \$50HB

Your waist measurement will be used for the **Re-Shape Your Frame Program** and the **Holiday Waist Challenge Program**.

If you attend a clinic you will automatically be enrolled in the

Holiday WAIST Challenge Healthy Bucks program.

## Sugar Busters - A1C Program- \$50HB: Appointments start Monday July 15th

- 1. Main Campus MedCenter Call 252-4257 for an appointment 7am-3:30pm M-F
- 2. North MedCenter 1735 SW Health Parkway Call 315-7111 for an appointment 7:30am-3:30pm M-F

  The A1c test is a non-fasting blood test

Mon	Tue	Wed	Thu
	SEPTEMBER CALENDAR ON SECOND PAGE		1
<b>5</b> Main Campus - Risk Building Risk Training Room Clinic: 7:30am - 8:30am	6 GMD-Transportation Building 2885 South Horseshoe Dr. Clinic: 10:00am - 11:00am GMD-Transportation Staff ONLY  Growth Management 2800 N. Horseshoe Dr. Room Conference Rooms 609 & 610 Clinics: 1:00pm—2:00pm	7  Main Campus - Risk Building Risk Training Room Clinic: 11:00am - 11:50am 1:00pm - 1:30pm	8 Water Distribution & Utility Bldg 4420 Mercantile Ave, Train. Rm Clinic: 8:00am - 8:30am  Everglades City - City Hall 102 SW Copeland Street Council Chambers Clinic: 11:45am - 12:00pm
12 North Collier Government Center 2335 Orange Blossom Drive Towne Hall Meeting Rm Clinic: 5:30pm -6:00pm	13  North Collier Government Center 2335 Orange Blossom Dr. Towne Hall Meeting Room Clinic: 11:00am - 11:50am 1:00pm - 1:30pm	Road & Bridge 4800 Davis Blvd Clinic: 6:15am - 8:00am  Univ. of FL Extension Office 14700 Immokalee Road Multi-purpose Rm 12:00pm - 12:30pm	15  Road & Bridge 4800 Davis Blvd Clinic: 6:15am- 6:45am
Marco Tax Collectors 5/3 Bank, 650 E Elkcam Cir Clinic: 5:00pm -5:15pm	20	21 Pelican Bay Services Truist Building 801 Laurel Oak Dr, Suite 102 Clinic: 1:00pm - 1:30pm	22 Heritage Bay Government Center 15450 Collier Blvd, Conference Room Clinic: 8:00am-8:45am
Main Campus - Risk Building Risk Training Room Clinic: 7:30am - 8:30am	27 Golden Gate Tax Collector Office 4715 Golden Gate Parkway Breakroom Clinic: 5:45pm - 6:15pm	28 Main Campus - Risk Building Risk Training Room Clinic: 11:00am - 1:00pm 4:30pm—5:30pm	Immokalee Road & Bridge 425 Sgt. Joe Jones Road Crew Room Clinic: 4:00pm - 5:00pm

## SEPTEMBER 2024 - Wellness Clinics

FOR REPEAT Blood Pressure & Waist Measurement

You do NOT need to sign up for a specific Wellness Clinic



Off the Cuff - Blood Pressure Program - \$50HB Re-Shape Your Frame - Body Composition - \$50HB Holiday Waist Challenge—MEASURE-IN- \$50HB

Your waist measurement will be used for the **Re-Shape Your Frame Program** and the **Holiday Waist Challenge Program**.

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Holiday WAIST Challenge Healthy Bucks program.

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Mon	Tue	Wed	Thu
2	3	4 Growth Management 2800 N. Horseshoe Dr. Room Conference Rooms 609 & 610 Clinics: 7:30am - 8:30am	<b>5</b> Main Campus - Risk Building Risk Training Room Clinic: 7:15am - 8:30am
9	10 North Collier Regional Park Admin Building 15000 Livingston Rd, Room A Clinic: 8:00am - 9:00am	11 Main Campus - Risk Building Risk Training Room Clinic: 4:15pm - 5:00pm	Golden Gate Community Center 4701 Golden Gate Parkway, Room Clinic: 11:15am - 11:50am
Veterans Community Park 1895 Veterans Park Dr Clinic: 1:00pm - 1:30pm  Drivers License Building 725 N Airport Rd Clinic: 4:45pm - 5:15pm DL Staff ONLY	Main Campus - Risk Building Risk Training Room Clinic: 11:30am - 1:00pm 4:00pm - 5:00pm	18 North Collier Government Center 2335 Orange Blossom Drive Towne Hall Meeting Rm Clinic: 11:00am –11:45am	North Collier Government Center 2335 Orange Blossom Dr. Towne Hall Meeting Room Clinic: 7:30am - 8:00am
Property Appraiser's Office 3950 Radio Rd Clinic: 12:00pm –12:45pm	Fleet Management 2901 County Barn Rd 2nd Floor Training Room Clinic: 12:00pm -1:00pm	25 Wastewater Collections 6027 Shirley St, Conference Room Clinic: 8:00am - 8:30am  Immokalee Community Park 321 N First St Clinic: 5:15pm - 5:45pm	North Collier Government Center 2335 Orange Blossom Dr. Towne Hall Meeting Room Clinic: 5:00pm - 6:00pm
Growth Management 2800 N. Horseshoe Dr. Room Conference Rooms 609 & 610 Clinics: 4:15pm - 5:00pm			