

# Health Insurance Qualifying Employees



**Invest**  
In Your Health  
Time NOT Money

and **SPOUSES** upgrading to a different cost-sharing level

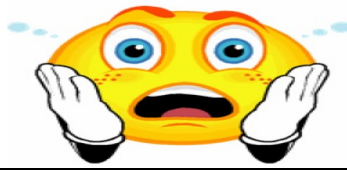


Holiday  
overeating **will**  
**affect** your  
Waist-BP  
measurements &  
lab results.



Pre-holiday Results

Post-holiday Results



**DEADLINE DATE  
FOR QUALIFYING LAB DRAWS  
MARCH 31, 2024**

**DEADLINE DATE FOR HEALTH  
ADVOCATE/WELLNESS APP'T  
JUNE 30, 2024**

**Start TODAY**  
Schedule your  
Midland Health  
Lab blood draw  
appointment  
**Pre-holiday  
Season!**

Register on  
[www.chpha.com](http://www.chpha.com)  
**STEP 1.**

Calendar dates for Midland Health on-site events &  
Patient Service Center on **second page.**

**DON'T DELAY\*\*\*SCHEDULE NOW**

**Call the Health Advocate Office (239-252-5588) for questions.**



## Pre-Holiday Blood Draw Schedule November—December 2023



Lab Appointments Scheduled at:  
[www.chpha.com](http://www.chpha.com) Step 1

There are several appointment times to meet your busy schedule.  
Schedule your appointment TODAY.

DATE	DAY	LOCATION	ADDRESS	CLINIC TIME
Nov. 2, 2023	THUR	North Collier Government Center-Towne Hall Meet Rm	2335 Orange Blossom Dr.	7am-9:30am
Nov. 4, 2023	SAT	Colonial Square Office Park	1032 Goodlette-Frank Rd.	7am-9:30am
Nov. 7, 2023	TUE	Growth Management-Plan/Reg Bldg.- Rm 609/610	2800 North Horseshoe Dr.	7am-9:00am
Nov. 8, 2023	WED	Growth Management-Plan/Reg Bldg.- Rm 609/61	2800 North Horseshoe Dr.	7am-9:30am
Nov. 11, 2023	SAT	Colonial Square Office Park	1032 Goodlette-Frank Rd.	7am-9:30am
Nov. 14, 2023	TUE	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9am
Nov. 15, 2023	WED	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9am
Nov. 16, 2023	THUR	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9am
Nov. 17, 2023	FRI	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9am
Nov. 18, 2023	SAT	Colonial Square Office Park	1032 Goodlette-Frank Rd.	7:30am-9:30am
Nov. 28, 2023	TUE	Heritage Bay Government Center	15450 Collier Blvd.	7am-9am
Nov. 29, 2023	WED	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9:30am
Nov. 30, 2023	THUR	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9:30am

Dec. 1, 2023	FRI	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9:30am
Dec. 2, 2023	SAT	Colonial Square Office Park	1032 Goodlette-Frank Rd.	7:30am-9:30am
Dec. 8, 2023	FRI	North Collier Government Center-Towne Hall Meet Rm	2335 Orange Blossom Dr.	7am-9:30am
Dec. 9, 2023	SAT	Colonial Square Office Park	1032 Goodlette-Frank Rd.	7:30am-9:30am
Dec. 13, 2023	Wed	Growth Management-Plan/Reg Bldg.- Rm 609/610	2800 North Horseshoe Dr.	7am-9:30am

**January—March schedule dates will be available mid-December**

**DON'T DELAY....SCHEDULE YOUR LAB DRAW IN NOVEMBER OR  
DECEMBER.**

**BETTER LAB VALUES = LESS RISK FACTORS**