

AUGUST 2023- Wellness Clinics

FOR REPEAT Blood Pressure & Weight or Waist Measurements

(Registration Not Needed for Clinic Sessions)



“Off the Cuff” - Blood Pressure Program - \$50HB
“Re-Shape Your Frame” - Body Composition - \$50HB
ALSO HOLIDAY CHALLENGE—WEIGH-IN- \$50HB

THIS YEAR, WE ARE CONDUCTING THE **HOLIDAY WAIST CHALLENGE MEASURE-IN** AT THE BELOW WELLNESS CLINICS.
MEASURE-OUTS WILL BE CONDUCTED IN JAN. 2024.

Sugar Busters - A1C Program- \$50HB: Appointments start Monday July 17th Use 2 methods to obtain a non-fasting A1C lab draw:
1. Main Campus MedCenter - Call 252-4257 for an appointment 7am-3:30pm Mon.-Fri.
2. North MedCenter - 1735 SW Health Parkway - Call 315-7111 for an appointment 7:30am-3:30pm M-F
The A1c test is a non-fasting test

Mon

Tue

Wed

Thu

**SEPTEMBER CALENDAR
ON SECOND PAGE**

7

**If you attend a clinic you
will automatically be
enrolled in the
Holiday WAIST
Challenge Healthy Bucks
program**

1 N. Collier Government Center
2335 Orange Blossom Dr.
Towne Hall Meeting Room
Clinic: 11:00am - 11:50am

2 Property Appraiser’s Office
3950 Radio Road
Conf Rm Clinic: 12:00pm - 12:45pm

3 Main Campus - Risk Building
Risk Training Room
Clinic: 11:30am - 1:00pm

8
Immokalee Road & Bridge
425 Sgt. Joe Jones Road
Crew Room
Clinic: 4:00pm - 5:05pm

9
Pelican Bay Services
Truist Building
801 Laurel Oak Dr, Suite 102
Clinic: 12:00pm - 12:30pm

10
Heritage Bay Government Center
15450 Collier Blvd,
Conference Room
Clinic: 8:00-8:45am

15
Road & Bridge
4800 Davis Blvd
Clinic: 6:15 - 7:00am

16
Road & Bridge
4800 Davis Blvd
Clinic: 6:30- 6:45am

Main Campus - Risk Bldg.
Risk Training Room
Clinic: 11:30am - 1:00am

17
Main Campus - Risk Building
Risk Training Room
Clinic: 7:30am - 8:30am

21
Univ. of FL Extension Office
14700 Immokalee Road
Multi-purpose Rm 12:00pm - 12:30pm

22 GMD-Transportation Bldg.
2885 South Horseshoe Dr.
South Conference Room
Clinic: 10:00am - 11:00am

23 Everglades City - City Hall
102 SW Copeland Street
Council Chambers
Clinic: 12:00pm - 12:15pm

24 North Collier Government Center
2335 Orange Blossom Drive
Towne Hall Meeting Rm
Clinic: 5:00pm -5:30pm

28
North Collier Government Center
2335 Orange Blossom Dr.
Towne Hall Meeting Room
Clinic: 11:00 - 11:50am
1:00pm - 2:00pm

29 Growth Management
2800 N. Horseshoe Dr. Room
Conference Rooms 609 & 610
Clinics: 7:15am—8:30am
11:00am - 1:00pm

30 Water Distribution & Utility Bldg
4420 Mercantile Ave, Train. Rm
Clinic: 7:00am - 7:45am

Main Campus - Risk Bldg.
Risk Training Room
Clinic: 11:00am - 12:30pm

31
Golden Gate Tax Collector Office
4715 Golden Gate Parkway
Breakroom
Clinic: 5:45pm - 6:15pm

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| Mon | Tue | Wed | Thu |
|---|---|---|--|
| <p>4</p> | <div style="background-color: red; color: white; padding: 5px; text-align: center; font-size: small;"> <p>If you attend a clinic you will automatically be enrolled in the <i>Holiday WAIST Challenge</i> Healthy Bucks program</p> </div> | <p>6</p> <p>Main Campus - Risk Bldg. Risk Training Room Clinic: 4:30pm - 5:15pm</p> | <p>7</p> <p>Main Campus - Risk Bldg. Risk Training Room Clinic: 7:15- 8:30am</p> <p>Fleet Management 2901 County Barn Road Second Floor Training Rm TIME CHANGED 12:00-1:00pm</p> |
| <p>11</p> <p>Veterans Community Park 1895 Veterans Park Drive Room A Clinic: 1:00pm - 1:30pm</p> | <p>12</p> <p>N. Collier Regional Park 15000 Livingston Rd-Adm. Bldg. Rm A Clinic: 7:15am - 8:30am</p> <p>Immokalee Community Park 321 N. First Street, Conference Room Immokalee Clinic: 5:10pm - 5:30pm</p> | <p>13</p> <p>N. Collier Government Center 2335 Orange Blossom Dr. Town Hall Meeting Room Clinic: 11:00am - 11:45am</p> | <p>14</p> <p>Golden Gate Comm. Center 4701 Golden Gate Parkway Auditorium Clinic: 11:15am - 11:50am</p> |
| <p>18</p> <p>Growth Management 2800 N. Horseshoe Drive Conference Rooms 609 & 610 Clinic: 4:30pm - 5:00pm</p> | <p>19</p> <p>Main Campus - Risk Bldg. Risk Training Room Clinics: 11:30am - 1:00pm 4:30pm - 5:00pm</p> | <p>20</p> <p>Growth Management 2800 N. Horseshoe Drive Conference Rooms 609 & 610 Clinic: 7:30am - 8:30am</p> | <p>21</p> <p>N. Collier Government Center 2335 Orange Blossom Dr. Town Hall Meeting Room Clinic: 4:30pm - 5:10pm</p> |
| <p>25</p> <p>Supervisor of Elections 3750 Enterprise Ave Training Rm 1 Clinic: 11:15 - 11:50am</p> | <p>26</p> <p>Drivers License Building 725 N. Airport Road Breakroom 4:45pm - 5:20pm This event is only available to DL Staff Members. **CLOSED to outsiders</p> | <p>27</p> <p>N. Collier Government Center 2335 Orange Blossom Dr. Town Hall Meeting Room Clinic: 7:30am - 8:00am</p> | <p>28</p> <p>Wastewater Collections 6027 Shirley Street Second Floor Training Room Clinic: 8:00am - 8:20am</p> <p>Main Campus - Risk Bldg. Risk Training Room Clinic: 4:30pm - 5:15pm</p> |

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