

Health Insurance Qualifying Employees



Invest
In Your Health
Time NOT Money

or Employees upgrading to a different cost-sharing level



Holiday
overeating **will**
affect your
Waist-BP
measurements &
lab results.



Pre-holiday Results

Post-holiday Results



**DEADLINE DATE
FOR QUALIFYING LAB DRAWS
MARCH 31, 2024**

**DEADLINE DATE FOR HEALTH
ADVOCATE/WELLNESS APP'T
JUNE 30, 2024**

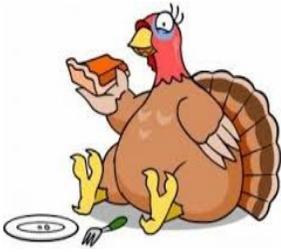
Start TODAY
Schedule your
Midland Health
Lab blood draw
appointment
**Pre-holiday
Season!**

Register on
www.chpha.com
STEP 1.

Calendar dates for Midland Health on-site events &
Patient Service Center on **second page.**

DON'T DELAY*SCHEDULE NOW**

Call the Health Advocate Office (239-252-5588) for questions.



Pre-Holiday Blood Draw Schedule November—December 2023

Lab Appointments Scheduled at:
www.chpha.com Step 1



There are several appointment times to meet your busy schedule.
Schedule your appointment TODAY.

DATE	DAY	LOCATION	ADDRESS	CLINIC TIME
Nov. 2, 2023	THUR	North Collier Government Center-Towne Hall Meet Rm	2335 Orange Blossom Dr.	7am-9:30am
Nov. 4, 2023	SAT	Colonial Square Office Park	1032 Goodlette-Frank Rd.	7am-9:30am
Nov. 7, 2023	TUE	Growth Management-Plan/Reg Bldg.- Rm 609/610	2800 North Horseshoe Dr.	7am-9:00am
Nov. 8, 2023	WED	Growth Management-Plan/Reg Bldg.- Rm 609/61	2800 North Horseshoe Dr.	7am-9:30am
Nov. 11, 2023	SAT	Colonial Square Office Park	1032 Goodlette-Frank Rd.	7am-9:30am
Nov. 14, 2023	TUE	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9am
Nov. 15, 2023	WED	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9am
Nov. 16, 2023	THUR	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9am
Nov. 17, 2023	FRI	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9am
Nov. 18, 2023	SAT	Colonial Square Office Park	1032 Goodlette-Frank Rd.	7:30am-9:30am
Nov. 29, 2023	WED	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9:30am
Nov. 30, 2023	THUR	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9:30am

Dec. 1, 2023	FRI	CCG Main Campus-Risk Management,Bldg. D	3311 Tamiami Trail East	7am-9:30am
Dec. 2, 2023	SAT	Colonial Square Office Park	1032 Goodlette-Frank Rd.	7:30am-9:30am
Dec. 8, 2023	FRI	North Collier Government Center-Towne Hall Meet Rm	2335 Orange Blossom Dr.	7am-9:30am
Dec. 9, 2023	SAT	Colonial Square Office Park	1032 Goodlette-Frank Rd.	7:30am-9:30am
Dec. 13, 2023	Wed	Growth Management-Plan/Reg Bldg.- Rm 609/610	2800 North Horseshoe Dr.	7am-9:30am

January—March schedule dates will be available mid-December

**DON'T DELAY....SCHEDULE YOUR LAB DRAW IN NOVEMBER OR
DECEMBER.**

BETTER LAB VALUES = LESS RISK FACTORS