

Qualifying Employees or Spouse Upgrades for 2024



For all Qualifying Employees or Spouse Upgrades who currently use a nicotine product, Register **TODAY** for this *Early Bird* CTQ Session offered in November 2023.

On <http://colliergov.GoSignMeUp.com>

COMMIT TO QUIT Quit Smoking Now



(Includes All E-Cigarette & Tobacco Product Use)

Follow these steps for program enrollment:

Step 1: Initial MedCenter Appointment

Main Campus: 252-4257

North MedCenter: 315-7111

Step 2: Attend 6 weekly 1-hr classes (offered as a Session)
(You are required to re-start the program if you miss a class)

Register on *GoSignMeUp*

<http://colliergov.gosignmeup.com>



Step 3: Repeat Blood Nicotine test starting July 15th—September 30th
Call the MedCenter for a repeat non-fasting blood draw appointment.
(Do not use a LabCorp Patient Service Center for your repeat Nicotine blood test).

Step 4: Certificate of Completion will be issued by Health Advocate office upon receiving Nicotine results from the MedCenter.

SESSION - THURSDAY November 2, 9, 16, 30 December 7, 14 at 5:30-6:30pm
North Collier Government Center, 2335 Orange Blossom Drive, Towne Hall Meeting Rm

The **Commit to Quit - Quit Smoking Now!** Program is offered to employees, spouses, and their dependents (over the age of 18) covered by the BCC health insurance plan.

The program offers you:

- ◆ *FREE cessation products (prescriptions, patches, lozenges, over-the-counter gums)
- ◆ FREE MedCenter smoking cessation medical monitoring appointments for initial visit and smoking cessation medicine follow-up.

*Products FREE after reimbursement. SAVE your receipts upon purchase.

Please note: E-Cigarettes are not reimbursed