

**ENROLL NOW -- DON'T WAIT FOR A POSITIVE NICOTINE TEST RESULT**



# **COMMIT TO QUIT Quit Nicotine Now!**

An Everglades Area Health  
Education Center Program

*(Includes All E-Cigarette & Tobacco Product Use)*

Follow these steps for program enrollment:

**Step 1: Initial Nicotine Cessation MedCenter Appointment**

*(entry to first class will be denied if MedCenter app't not completed)*

**Main Campus MedCenter: 252-4257**

**North Naples MedCenter: 315-7111**

**Step 2: Attend 6 weekly 1-hour classes (offered as a Session)**

*(You are required to re-start the program if you miss a class)*

**Step 3: Repeat Blood Nicotine test starting July 15th—Sept. 30th upon program completion. Call the MedCenter for repeat blood draw appointment.**

**(Do not use a LabCorp Patient Service Center for your repeat Nicotine blood test unless prior approved by Healthy Advocate Office).**

**Step 4: Certificate of Completion will be issued to the Health Advocate office upon Wellness receiving Nicotine results from the MedCenter.**

**Register for session of choice on *GoSignMeUp* <http://colliergov.gosignmeup.com>**

## **SESSIONS OFFERED FOR 2024:**

Friday Jan. 19, 26, Feb. 2, 9, 16, 23 at 5:30-6:30pm Main CCG Campus - Risk Training Rm

Friday Mar. 1, 8, 15, 22, 29, Apr. 5 at 5:30-6:30pm N. Collier Gov't Center –Towne Hall Mtg Rm

Thurs. Apr. 11, 18, 25, May 2, 9, 16 at **4:30-5:30PM** N. Collier Gov't Center –Towne Hall Mtg Rm

Friday May 24, 31, Jun 7, 14, 21, 28 at 5:30-6:30pm Main CCG Campus - Risk Training Rm

Thursday Jul 11, 18, 25, Aug 1, 8, 15 at **4-5PM** North Collier Gov't Center –Towne Hall Mtg Rm

Tuesday Aug. 13, 20, 27, Sept. 3, 10, 17 at 5:30-6:30pm N. Collier Gov't Center –Towne Hall Rm

**FINAL Session: Friday Aug. 16, 23, 30, Sept. 6, 13, 20 at 5:30-6:30pm**

**North Collier Government Center—Towne Hall Meeting Room**

**Space is limited at these locations—Register for Programs TODAY!**

**Sessions:** North (N.) Collier Government Center, 2335 Orange Blossom Dr. conducted in the Towne Hall Meeting Room  
Risk Management Building, 3311 Tamiami Trail East, conducted in the Risk Management Training Room

The ***Commit to Quit - Quit Nicotine Now!*** program is offered to employees, spouses, and their dependents (over the age of 18) covered by the BCC health insurance plan.

The program offers you:

- ♦ **\*FREE** cessation products (prescriptions, patches, lozenges, over-the-counter gums)
- ♦ **FREE** MedCenter smoking cessation medical monitoring appointments for initial visit and smoking cessation medicine follow-up.

**\*Products FREE after reimbursement. SAVE your receipts upon purchase.**

**\*\*\*Please note: E-Cigarettes are not reimbursed\*\*\***