# **SUGDEN REGIONAL PARK**

**COLLIER COUNTY SAILING/SKI CENTER** 

Sugden Regional Park • 4282 Avalon Drive • Naples, FL 34142 • 593-0004

# YOUTH LEARN TO SAIL

	rn the basics of sailing on a optimist 5. Sailing Certified instructors.
Ages:	5 – 15
Dates & Days:	Sep 8 – Oct 13; Oct 20 – Nov 24;
	Dec 1 – Dec 19 (Sa)
Time:	9:00am – 11:30am
Cost:	\$90/person (6 visits)
Location:	Sugden Regional Park
Instructors:	Barbara Johnson
Min/Max:	6/12
Benefits:	Develops a life time activity and promote health and fitness

\*To book home schoolers, special needs groups, scouts or private lessons, call Patricia at 580-9117

## YOUTH AFTERSCHOOL LEARN TO SAIL

Afternoon of sailing to kids unable to make it on Saturday mornings. This class is very popular with school groups, scouts and home school groups. Feel free to call and book your group or child by calling Patricia at 580-9117

Ages:	5 – 15
Dates & Days:	Sep 4 – Oct 9; Oct 16 – Nov 20 (Tu);
	Sep 6 – Oct 11; Oct 18 – Nov 29 (Th)
Time:	3:00pm – 5:30pm
Cost:	\$90/Person (6 visits)
Location:	Sugden Regional Park
Instructors:	Barbara Johnson
Min/Max:	6/12
Benefits:	Develops a lifetime activity and promote
	health and fitness

\*To book home shcoolers, special needs groups, scouts or private lessons, call Patricia at 580-9117

# ACCESSIBLE SAILING

This program offers our special population participants the opportunity to learn the basics of sailing with a U.S. Sailing Certified instructor. A new hoyer lift has been installed to meet the needs of those who may need assistance getting in or out of the boat. Special Needs welcome. Call Patricia Rosen at 580-9117.

 Ages:
 16 – 95

 Dates & Days:
 Sep 4 – Dec 1 (W/Th/F/Sa)

 Ongoing

 Time:
 12:00pm – 3:00pm

 Cost:
 \$90/Person (6 visits)

Location:	Sugden Regional Park
Instructors:	Barbara Johnson, Lance Cuneo,
	Dick Gates
Min/Max:	1/50
Benefits:	Promotes health and fitness for our special population participants

#### ADULT 420'S / PRECISION 15 LEARN TO SAIL

Provides adults an opportunity to learn the basics of sailing a Collegiate 420 or Precision 15 Ages: 16 - 95

Dates & Days:	Sep 5 – Oct 10; Oct 17 – Nov 21 (W)
	Sep 7 – Oct 12; Oct 19 – Nov 23 (F)
	Sep 8 – Oct 13; Oct 20 – Nov 23 (Sa)
Time:	9:00am – 12:00pm (W/F)
	3:00pm – 6:00pm (Sa)
Cost:	\$135/per session (6 visits)
Location:	Sugden Regional Park
Instructors:	Barbara Johnson
Min/Max:	3/8
Benefits:	Develop a lifetime skill that promotes
	health and fitness

## HOMESCHOOLERS

Children learn to sail with various home school groups. Make new friends while you enjoy the lifelong sport of sailing. For additional times or dates call Patricia Rosen to book your children at 580-9117.

Ages:	5 – 15
Dates & Days:	Sep 7 – Oct 12; Oct 19 – Nov 23 (F)
Time:	12:30pm – 3:00pm
Cost:	\$90/per session (6 visits)
Location:	Sugden Regional Park
Instructors:	Barbara Johnson
Min/Max:	4/12
Benefits:	Promotes health and fitness

#### OPEN SAIL DROP IN

This gives sailors who already know how to sail the chance to practice the skills they have learned. Come spend the evening at the lake sailing with friends or bring a friend to introduce them to sailing. U.S. Sailing Certified instructors will be available for any tips you may need. Boats and life jackets provided. Come enjoy an evening of sailing on an Optimist Dinghy, 420 Precision 15 Hobie Cat, Nacra, or Laser.

Ages:	5 – 95
Dates & Days:	Sep 5 – Sep 26 (W)
Time:	5:00pm – Sunset



Cost:	\$5/day
Location:	Sugden Regional Park
Instructors:	Barbara Johnson, Lance Cuneo,
	Dick Gates, Patricia Rosen
Min/Max:	1/75
Benefits:	Promotes health and fitness

# \*NEW\*

# **YOUTH & ADULT LEARN TO WINDSURF** Call Patricia Rosen 580-9117 for times and dates.

# YOUTH LEARN TO SKI PROGRAM

Participants learn the basics of water skiing by using a progressive learning method. All equipment is provided. 5 - 12Ages: Dates & Days: Sep 8 – Oct 20; Oct 27 – Dec 1 (Sa) (No class Oct 6) Time: 9:00am - 11:30am Sugden Regional Park Ski Center Location: Cost: \$90 Per Session (6 visits) Michael Toolan, Certified USA Water Instructor: Ski Instructor Min/Max: 1/10Benefits: Develop a lifetime activity and promote health, fitness and fun

# **TEEN SKI PROGRAM**

Learn to ski o equipment prov	or build on advanced ski skills. All ided.
Ages:	13- 17
0	Sep 8 – Oct 20; Oct 27 – Dec 1 (Sa)
	(No class Oct 6)
Time:	11:30am – 2:00pm
Cost:	\$90/Session (6 visits )
Instructor:	Michael Toolan, Certified USA Water
	Ski Instructor
Min/Max:	1/10
Benefits:	Develop a lifetime activity and promote
	health, fitness and fun

# ADULT LEARN TO SKI PROGRAM

Provides ski instruction to adults who want to reacquaint themselves with waterskiing, to build on advanced ski skills, or to try it for the first time in a relaxed, fun atmosphere.

Ages:	20 – 95
Dates & Days:	Sep 8 – Oct 20; Oct 27 – Dec 1 (Sa)
	(No class Oct 6)

Time:	3:00pm – 5:30pm
Cost:	\$135
Location:	Sugden Regional Park Ski Center
Instructor:	Michael Toolan, Certified USA Water
	Ski Instructor
Benefits:	Develops a lifetime activity and promotes health, fitness and fun

\* To Book Home Schoolers, Special Needs Groups, Scouts etc.; call Michael at 325-7842.

# **PRIVATE SKI LESSONS**

This program provides one-on-one instruction with a USA Water Ski instructor. All equipment is provided. 5 - 95Ασρει

Ages.	3 - 93
Dates & Days:	Call for an appointment.
Time:	By appointment only
Location:	Sugden Regional Park Ski Center
Cost:	\$75/hour
Instructor:	USA Certified Water Ski Instructor
Min/Max:	Appointment required and can be made
	by calling the Ski Center.
Benefits:	Promotes health and fitness, promotes
	self-confidence and self-expression;
	develops a lifetime activity of fun

# ACCESSIBLE SKIING CLINICS AND CLASSES

This program offers our Adaptive needs participants the opportunity to learn the basics of skiing with a USA Certified Ski Instructor. Special needs groups welcome. Call Michael Toolan at 239-325-7842

Ages:	5 – 95
Dates & Days:	ТВА
Time:	ТВА
Location:	Sugden Regional Park Ski Center
Cost:	FREE
Instructor:	USA Certified Water Ski Instructor
Min/Max:	N/A
Benefits:	Develop a lifetime activity and promote
	health, fitness and fun

# SUGDEN REGIONAL PARK SKI CENTER FACILITY RENTAL

Why not hold your next meeting, conference, or special event at the Sugden Regional Park Ski Center? Come and enjoy water-skiing with co-workers, family, and friends. Cost: \$300.00 / 3 hour rental Call 239-325-7842 for information.

CALL For Information on Slalom Course and for Corporate Ski Days Package rates. Call Michael Toolan at

1-239-325-7842.

